

## The Power of an Hour

Every parent knows that an hour of free time is precious and so easily spent. But think about the impact that one single hour could have on your community, your school, your child's classroom and even your child's future. And it can even impact your life... If you have not volunteered before, your first hour might inspire you to see the impact that a few additional hours can make. It also offers an outlet to forge relationships with fellow parents, as well as schoolteachers and administrators.

There are many good reasons for parents to volunteer at school. It's a great way to show your kids that you take an interest in their education, and it sends a positive message that you consider school a worthwhile cause. Parent volunteers offer a huge resource and support base for the school community while showing their kids the importance of participating in the larger community.

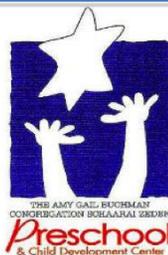
Not only will the school reap the benefits of your involvement — you will, too. By interacting with teachers, administrators, and other parents on a regular basis, you'll gain a firsthand understanding of your child's daily activities. You'll also tap into trends and fads of school life that can help you communicate with your kids as they grow and change (all without intruding on their privacy or personal space). And, starting while your kids are young prepares you for what's to come while also providing your children with a strong foundation of support.

**Remember that volunteering not only benefits your kids, but also will enrich the classroom, the whole school, and the entire community** by providing students with positive interaction, support, and encouragement. *(source: Kidshealth.org)*

*Interested in volunteering?*

*Do you have questions about volunteering?*

Cindy Sershen [csershen@zedek.org](mailto:csershen@zedek.org)



## Preschool Parents Association Volunteer Opportunities 2023 -2024

### Preschool Parents Association (PPA) Board

**President:** Naseem Hollander ([ppapresident@zedek.org](mailto:ppapresident@zedek.org))

**Secretary:** Kate Levenstein ([levenstein@gmail.com](mailto:levenstein@gmail.com))

### PPA Committee Chairs

**Annual Fundraiser:** Jana Cowen ([janacowen@gmail.com](mailto:janacowen@gmail.com)); Ashley Sandkuhl ([afm.miller@gmail.com](mailto:afm.miller@gmail.com)) and Naseem Hollander ([naseemhollander@gmail.com](mailto:naseemhollander@gmail.com))

**Book Fair:** Joanna Dettloff ([jgreber@hotmail.com](mailto:jgreber@hotmail.com))

**Communications:** Julie Sugar ([juliemcgee33@gmail.com](mailto:juliemcgee33@gmail.com))

**Grandparent's Day:** Carla Shah ([cs@lgre.co](mailto:cs@lgre.co)) and Jennifer Friedman ([Jen.friedman1012@gmail.com](mailto:Jen.friedman1012@gmail.com))

**Homeroom Parents:** Dana Justus ([dnjustus@gmail.com](mailto:dnjustus@gmail.com)); Amrita Wheeley ([admarajh@gmail.com](mailto:admarajh@gmail.com)); Sabrina Ferrante ([sabrinamartin90@gmail.com](mailto:sabrinamartin90@gmail.com)) and Victor Bonilla ([vic.bonilla@gmail.com](mailto:vic.bonilla@gmail.com))

**Pre-K Graduation Slideshow:** Jana Cowen ([janacowen@gmail.com](mailto:janacowen@gmail.com))

**Social Action:** Liz Girsch ([elizabethgirsch@gmail.com](mailto:elizabethgirsch@gmail.com)); and Tiffiani Swartz ([tswartz18@gmail.com](mailto:tswartz18@gmail.com))

**Teacher Appreciation:** Amrita Wheeley ([admarajh@gmail.com](mailto:admarajh@gmail.com)) and Sabrina Ferrante ([sabrinamartin90@gmail.com](mailto:sabrinamartin90@gmail.com))

**Yearbook:**

**PPA Liaison:** Cindy Sershen ([csershen@zedek.org](mailto:csershen@zedek.org))

**Preschool Director:** Lauren Kiernan ([lkiernan@zedek.org](mailto:lkiernan@zedek.org))

## Committee Descriptions

## Event Commitments (1-2 times a year)

### Year-Round Commitments

**PPA Secretary** – The PPA Secretary is responsible for attending and taking notes during the monthly PPA meetings. They would then distribute the notes to the PPA board through email. Meetings are held on the second Wednesday of each month from September-April.

**Homeroom Parents** – Homeroom parent volunteers provide teacher and PPA assistance in their student's classroom. Responsibilities include sending PPA provided emails to classroom parents, posting PPA provided event sign-up sheets, coordinating teacher gifts, and being a liaison for teachers. The Committee Chairs coordinate communications with all homeroom parents to their classrooms. Time commitment is 1-2 hours per month; tasks are predominately completed on your time from home.

**Communications** – The goal of this committee is to advertise Preschool events through the PPA Weekly Newsletter email.

**Teacher Appreciation** – The Committee Chairs coordinate breakfast for the teachers and Preschool staff throughout the year and during Teacher Appreciation Week (May). During Teacher Appreciation week, lunch and dessert are coordinated each day with a theme. Committee volunteers will collaborate with homeroom parents to ask parents to contribute breakfast items for our bi-monthly breakfasts.

**Yearbook** – The Yearbook is a very special memory book to cherish over the years. Volunteers will take (if needed) and collect photos of school activities, and special events. They will also create the book from cover to cover using prepurchase software.

**Volunteer Recruitment** – This committee promotes the benefits of volunteering and encourages parents to get involved. Committee volunteers will assist with staffing PPA information tables, updating volunteer information bulletin board, and distributing perks to outstanding volunteers. The Committee Chairs support the rest of the PPA committees in managing SignUp Genius.

**Book Fair** – The Scholastic Book Fair takes place in the Fall (October). This event brings in books, supplies, and furnishings for our classrooms. Committee volunteers are needed for set-up/break-down of materials, staffing the cash register the week of the event. Committee Chairs are responsible for organizing and promoting the book fair including the family night party to kick off the event. *Timeframe = Fall (October)*

**Grandparents Day** – This event celebrates Grandparent's. Committee Chairs are responsible for organizing the event including creating invites, getting decorations, and supplies. Committee volunteers are also needed for set-up, staffing/serving, and breakdown. *Timeframe = Spring (April)*

**Social Action** – The goal of this committee is to organize fun and interactive events that support local charities. These events work hand and hand with our values learning curriculum. There are three main drives that the volunteers organize: Candy Drive (Fall), Food Drive (Fall), and Holiday Gift Drive (Fall). Examples of committee volunteer opportunities include collecting donations at the event table and providing organizational support. Committee Chairs are responsible for coordinating with selected charities and planning for collection and overall school participation. *Timeframe = Fall*

**FUNdraising** – There is one fundraising event for the year throughout the month of February. Donations are collected to benefit and improve the Preschool. Chairs are responsible for organizing and promoting the event which includes an Auction/Gala. Committee volunteers are needed to help support all activities throughout the month. *Timeframe = Fall and Spring*

**Pre-K Graduation Slideshow** – Committee Chairs are responsible for working with the Pre-K families to produce a slideshow that is shown during the Pre-K Graduation. *Timeframe = Spring*

### **Volunteering Facts**

- All Committee Chairs have the previous chairs or Cindy to get acquainted with procedures and resources, as well as, getting questions answered.
- **Incentives for volunteering** include reserved seating at some of our major events.