

Chant #1

Balancing Will and Surrender

עֲזִי וְזִמְרַת יְהוָה וַיְהִי־לִי לִישׁוּעָה:

Ozi v'zimrat Yah vay'hi-li lishuah
My strength (balanced) with the song of God
will be my salvation.
(Psalm 118:14)

Chant #2 Clearing the Way

אָנָּא בְּכַח גְּדֻלַּת יְמִינְךָ תַּתִּיר צְרוּרָה

*Ana b'cho-ach g'dulat y'min'cha
tatir tz'rurah.*

Please, with the strength of Your right hand,
untie our tangles.

(Rabbi Nechuniah ben Hakanah)

Chant #3

Clearing the Way

אֱלֹהֵי, נִשְׁמָה שֶׁנִּתְּתָ בִּי טְהוֹרָה הִיא.

Elohai n'shamah shenatata bi t'horah hi.

Oh, pure soul, in you I see endless possibility.

(Morning liturgy)

Chant #4
Calling Forth The Hidden Power

קוּמָה יְהוָה | הוֹשִׁיעֵנִי אֱלֹהֵי

Kumah Adonai, hoshi-eini Elohai.

Rise up, Adonai; save me, my God.

(Psalm 3:8)

Chant #5 Praising God

מֵה־גִּדְלוֹ מַעֲשֵׂיךָ יְהוָה מְאֹד עֲמֻקּוֹ
מַחֲשַׁבֹתֶיךָ:

*Mah gad'lu ma'asecha Yah, m'od am'ku
machsh'votecha.*

How great is Your work O God,
how very deep are Your thoughts.

(Psalm 92:6)

Chant #6
O Wondrous Healer

רוֹפֵא כָּל בֶּשָׂר וּמַפְלִיא לַעֲשׂוֹת.

Rofei chol basar umaqli la'asot.

O wondrous Healer of all flesh!
(Morning liturgy.)

Chant #7 Gratefulness

אוֹדֶךָ בְּעוֹד תְּהִיָּה נִשְׁמַת אֱלֹהִים בִּי

Odach v'od tihyeh nishmat Eloha bi.

I will thank You as long as the divine breath is in me.
(Solomon ibn Gabirol, 11th Century Spanish poet and philosopher.)

Chant #8

How Beautiful

הַנָּךְ יָפָה רַעֲיָתִי הַנָּךְ יָפָה

Hinach yafah rayati hinach yafah

How beautiful you are my friend, how beautiful!

(Song of Song 1:15)